

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

February 2025						1	9:00 am Chair Yoga 10:30 am Color Corner 1:00 pm What's That? 3:00 pm Walking Club
2	3	4	5	6	7	8	
9:00 am Armchair Travel 9:30 am Watercolor 1:30 pm LDS Church 3:00 pm Relax & Chat Groundhog Day	9:00 am Walking Club 10:00 am Daily Chronicles 11:00 am BINGO! 1:00 pm Building Dinosaurs	9:00 am Twist & Shout 9:30 am Painting Nails 10:30 am Open Salon 1:00 pm Zumba w/Janet 1:30 pm Expressions	9:00 am Walking Club 10:30 am Noodle Ball 12:45 pm Loves w/Abby 1:30 pm Armchair Travel	9:30 am Morning Exercise 10:15 am Daily Chronicles 1:00 pm Zumba w/Janet 1:30 pm I Spy	9:30 am Morning Walk 10:00 am Country Drive 11:00 am BINGO! 12:30 pm Kick Ball	9:00 am Chair Yoga 10:30 am Color Corner 1:00 pm What's That? 3:00 pm Walking Club	
9	10	11	12	13	14	15	
9:00 am Armchair Travel 9:30 am Watercolor 1:30 pm LDS Church 3:00 pm Relax & Chat	9:00 am Walking Club 10:00 am Daily Chronicles 11:00 am BINGO! 1:00 pm Kickball	9:00 am Twist & Shout 9:30 am Painting Nails 10:30 am Open Salon 1:00 pm Zumba w/Janet 1:30 pm Expressions	9:30 am Walking Club 10:30 am Hand Massages 12:45 pm Loves w/Abby 2:00 pm Fun w/ Gerard Tu B'Shevat Begins	9:30 am Morning Exercise 10:15 am Daily Chronicles 1:00 pm Zumba w/Janet 1:30 pm Horse Race	9:30 am Morning Walk 10:00 am Dip Cookies 11:00 am BINGO! 12:30 pm Carnival Games Valentine's Day	9:00 am Chair Yoga 10:30 am Color Corner 1:00 pm Building Dinosaurs 3:00 pm Walking Club	
16	17	18	19	20	21	22	
9:00 am Armchair Travel 9:30 am Watercolor 1:30 pm LDS Church 3:00 pm Relax & Chat	9:00 am Walking Club 10:00 am Daily Chronicles 11:00 am BINGO! 1:00 pm Hand Massages Presidents' Day (U.S.)	9:00 am Twist & Shout 9:30 am Painting Nails 10:30 am Open Salon 1:00 pm Zumba w/Janet 1:30 pm Expressions	9:00 am Walking Club 10:30 am Flower Baskets 12:45 pm Loves w/Abby 1:30 pm Cowboy Church	9:30 am Morning Exercise 10:30 am Games w/ Alliance 1:00 pm Zumba w/Janet 1:30 pm I Spy	9:30 am Morning Walk 10:00 am Music Therapy 11:00 am BINGO! 12:30 pm Noodle Ball 1:30 pm Penguin Cupcakes	9:00 am Chair Yoga 10:30 am Color Corner 1:00 pm What's That? 3:00 pm Walking Club	
23	24	25	26	27	28		
9:00 am Armchair Travel 9:30 am Watercolor 1:30 pm LDS Church 3:00 pm Relax & Chat	9:00 am Walking Club 10:00 am Daily Chronicles 11:00 am BINGO! 1:00 pm Kickball	9:00 am Twist & Shout 9:30 am Painting Nails 10:30 am Open Salon 1:00 pm Zumba w/Janet 1:30 pm Expressions	9:00 am Walking Club 10:30 am Noodle Ball 12:45 pm Loves w/Abby 1:30 pm Armchair Travel	9:30 am Morning Exercise 10:15 am Daily Chronicles 1:00 pm Zumba w/Janet 1:30 pm Hand Massages	9:30 am Morning Walk 10:00 am Music Therapy 11:00 am BINGO! 12:30 pm Noodle Ball 1:30 pm Frost Cookies Ramadan Begins		