

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2024</h1>				National Freedom Day Get up Day 1 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *Beauty/Barbershop *2:00 P.M. Play- Left, Right, Center	.Ground Hog Day Wear Red Day American Heart Month 2 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *3:00 P.M. - LDS Missionaries Music	Norman Rockwell Day 3 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 A.M. - Ronald Young Piano *2:30 P.M. - Matinee Movie <i>Enjoy Your Leisure Packet!</i>
Grammy Awards 4 11:00 A.M. - LDS Sacrament Meeting <i>Sunday Sounds</i>	National Weatherperson Day 5 *11:00 A.M. - LDS R.S. & Priesthood *2:00 P.M. - BINGO *3:30 P.M. - Sit & Fit *3:45 P.M. - Daily Chronicle	National Chopsticks Day Queens Day 6 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 P.M. - Shop at Home *1:00 P.M. - Traveling Tuesday *2:00 P.M. - Shirley Davies Music <i>Happy Birthday Amos!!!</i>	Send a Card to a Friend Day Rose Day 7 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *2:00 P.M. - BINGO	Love may make the world go round but laughter keeps us from getting dizzy- 8 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *Beauty/Barbershop *2:00 P.M. - Lots of Laughs Activity	National Pizza Day Chocolate Kiss Day 9 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 A.M. - Make Pizza *1:00 P.M. - Foot Health Friday *2:00 P.M. - Accordion Players	.Chinese New Year (Year of the Dragon) 10 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 A.M. - Ronald Young Piano *2:30 P.M. - Matinee Movie <i>Enjoy Your Leisure Packet!</i>
Super Bowl Sunday 11 11:00 A.M. - LDS Sacrament Meeting <i>Sunday Sounds</i>	Abe Day Lost Penny Day 12 *11:00 A.M. - LDS R.S. & Priesthood *2:00 P.M. - BINGO *3:30 P.M. - Sit & Fit *3:45 P.M. - Daily Chronicle	.Mardi Gras 13 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *1:00 P.M. - Shop at Home *2:00 P.M. - Shirley Davies Music	.Valentine's Day 14 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *2:00 P.M. - BINGO	Think about it Thursday 15 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *Beauty/Barbershop *2:00 P.M. - Thinking Activity / Documentary <i>Happy Birthday George!!!</i>	National Caregivers Day 16 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *3:00 P.M. - LDS Missionaries Music	National Random Acts of Kindness Week Begins 17 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 A.M. - Ronald Young Piano *2:30 P.M. - Matinee Movie <i>Enjoy Your Leisure Packet!</i>
NBA Allstar Game 18 11:00 A.M. - LDS Sacrament Meeting <i>Sunday Sounds</i>	.Presidents Day Chocolate Mint Day 19 *11:00 A.M. - LDS R.S. & Priesthood *2:00 P.M. - BINGO *3:30 P.M. - Sit & Fit *3:45 P.M. - Daily Chronicle	Spring is in the Air Day Traveling Tuesday 20 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 P.M. - Shop at Home *1:00 P.M. - Traveling Tuesday *2:00 P.M. - Shirley Davies Music	Language Day 21 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *2:00 P.M. - Bingo *3:00 P.M. - Music with Emily from Canyon	Would You Rather Day 22 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *Beauty/Barbershop *2:00 P.M. - Play, Would You Rather??	Banana Bread Day 23 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *2:00 P.M. - Banana Bread Social	Safari Saturday 24 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 A.M. - Ronald Young Piano *2:30 P.M. - Matinee Movie <i>Enjoy Your Leisure Packet!</i>
Here Comes the Sun Day 25 11:00 A.M. - LDS Sacrament Meeting <i>Sunday Sounds</i>	Letter to the Elderly Day 26 *11:00 A.M. - LDS R.S. & Priesthood *2:00 P.M. - BINGO *3:30 P.M. - Sit & Fit *3:45 P.M. - Daily Chronicle	National Strawberry Day 27 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *10:30 P.M. - Shop at Home *2:00 P.M. - Shirley Davies Music	Digital Learning Day 28 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *2:00 P.M. - BINGO	Leap Day Ladies Day 29 *9:30 A.M. - Sit & Fit *9:45 A.M. - Daily Chronicle *Beauty/Barbershop *2:00 P.M. - Resident Council		