

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

<p>Grammy Awards <b>4</b></p> <p><b>*Morning:</b> Daily Chronicle <b>*10:45 A.M.:</b> -LDS Sacrament Meeting <b>*Afternoon:</b></p> <p><b>*Evening:</b> -Book Club/Watch Grammy's Sunday Sounds</p>	<p>National Weatherperson Day Make Believe Monday <b>5</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Make Believe Activity <b>*Afternoon:</b> -Weather Coloring <b>*Evening:</b> -Book Club</p>	<p>Queens Day Chopsticks Day <b>6</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Chopsticks Activity <b>*Afternoon:</b> -Queen Coloring <b>*Evening:</b> -Book Club</p>	<p>Rose Day Send a Friend a Card Day <b>7</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Card making Activity <b>*Afternoon:</b> -Rose Coloring <b>*Evening:</b> -Book Club</p>	<p>National Freedom Day National 'Get Up' Day <b>1</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Beauty/Barbershop -Freedom Activity/Film <b>*Afternoon:</b> Freedom Coloring <b>*Evening:</b> -Book Club</p>	<p>Groundhog Day Wear Red Day <b>2</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Manicures/Heart Health Activity <b>*Afternoon:</b> -Groundhog Activity <b>*Evening:</b> -Book Club</p>	<p>Norman Rockwell Day <b>3</b></p> <p><b>*Morning:</b> -Daily Chronicle -Norman Rockwell Coloring <b>*2:30 P.M.:</b> -Matinee Movie <b>*Evening:</b> -Book Club <i>Enjoy your leisure packet</i></p>
<p>Super Bowl Sunday <b>11</b></p> <p><b>*Morning:</b> Daily Chronicle <b>*10:45 A.M.:</b> -LDS Sacrament Meeting <b>*Afternoon:</b> Super Bowl Activity <b>*Evening:</b> -Book Club/Watch Super Bowl Sunday Sounds</p>	<p>Abe Day Lost Penny Day <b>12</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Penny Activity <b>*Afternoon:</b> -Pool Noodle Volleyball <b>*Evening:</b> -Book Club</p>	<p>Mardi Gras <b>13</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Mardi Gras Activity <b>*Afternoon:</b> Cats Meow Coloring <b>*Evening:</b> -Book Club  <i>Happy Birthday Coleen!!!</i></p>	<p>Valentines Day <b>14</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Valentine Activity/Party <b>*Afternoon:</b> Music Therapy <b>*Evening:</b> -Book Club</p>	<p>Laughter Day <b>8</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Beauty/Barbershop -Laughter Yoga <b>*Afternoon:</b> -Lots of Laughs Activity <b>*Evening:</b> -Book Club</p>	<p>Gumdrop Day <b>15</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Beauty/Barbershop -Music Therapy <b>*Afternoon:</b> Gumdrop Coloring <b>*Evening:</b> -Book Club</p>	<p>National Pizza Day Chocolate Kiss Day <b>9</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Make Pizza <b>*3:00 P.M.:</b> LDS Missionary Music <b>*Evening:</b> -Book Club</p>
<p>NBA Allstar Game <b>18</b></p> <p><b>*Morning:</b> Daily Chronicle <b>*10:45 A.M.:</b> -LDS Sacrament Meeting <b>*Afternoon:</b> Basketball Coloring <b>*Evening:</b> -Book Club/Watch NBA Allstar Sunday Sounds</p>	<p>Presidents Day Pisces Fish Day <b>19</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Pisces Fish Activity <b>*Afternoon:</b> Presidential Coloring <b>*Evening:</b> -Book Club</p>	<p>Spring is in the Air Day <b>20</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Music Therapy <b>*Afternoon:</b> -Spring is in the air coloring <b>*Evening:</b> -Book Club</p>	<p>Language Day <b>21</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Language Activity <b>*Afternoon:</b> -Musical Language Activity <b>*Evening:</b> -Book Club</p>	<p>Washington's Birthday National Wildlife Day <b>22</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Beauty/Barbershop -Wildlife Film <b>*Afternoon:</b> Wildlife Coloring <b>*Evening:</b> -Book Club</p>	<p>National Caregivers Day Backyard Bird Watching <b>16</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Bird Watching Activity <b>*Afternoon:</b> -Bird Coloring <b>*Evening:</b> -Book Club</p>	<p>National Random Acts of Kindness Week begins <b>17</b></p> <p><b>*Morning:</b> -Daily Chronicle -Kindness Coloring <b>*2:30 P.M.:</b> -Matinee Movie <b>*Evening:</b> -Book Club <i>Enjoy your leisure packet</i></p>
<p>Here Comes the Sun Day <b>25</b></p> <p><b>*Morning:</b> Daily Chronicle <b>*10:45 A.M.:</b> -LDS Sacrament Meeting <b>*Afternoon:</b> Here comes the Sun Day Coloring <b>*Evening:</b> -Book Club <i>Sunday Sounds</i></p>	<p>Happy Birthday Johnny Cash <b>26</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Pool Noodle Volleyball <b>*Afternoon:</b> -Johnny Cash Coloring <b>*Evening:</b> -Book Club</p>	<p>International Polar Bear Day Strawberry Day <b>27</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Polar Bear Coloring <b>*Afternoon:</b> Make Strawberry Treats <b>*Evening:</b> -Book Club</p>	<p>Digital Learning Day Pink Shirt Day <b>28</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Digital Learning Activity <b>*Afternoon:</b> Digital Game <b>*Evening:</b> -Book Club</p>	<p>Leap Day <b>29</b></p> <p><b>*Morning:</b> -Light Stretching/Exercise -Daily Chronicle Reading -Beauty/Barbershop -Leap Frog Activity <b>*Afternoon:</b> Leap Year Coloring <b>*Evening:</b> -Book Club</p>		