

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
   September 2023						
3 .National Cinema Day *10:45 A.M. LDS Sacrament <i>Sunday Sounds</i>	4 .Labor Day .National Wildlife Day .Price Is Right Day, 1972 *10:30 A.M. .Light Stretching .Daily Chronicle Reading .Labor Day Activity .Wildlife Coloring .Music Therapy	5 .National Be Late For Something Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Sewing Puzzles .Button/Initial Craft .Sewing Coloring .Music Therapy	6 .Candle Day (World Candle Month) *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Pool Noodle Exercise .Candle Activity .Candle Coloring .Music Therapy	7 .NY Fashion Week Begins .National Feel The Love Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Fashion Week Activity .Music Therapy	1 .Fungus Friday .National Day of Forgiveness *9:30 A.M. .Manicure Magic .Light Stretching .Daily Chronicle Reading .Mushroom Craft .Mushroom Coloring .Music Therapy *3:00 P.M. LDS Missionaries Music	2 .World Coconut Day .National Hummingbird Day *2:30 P.M. Saturday Matinee <i>Enjoy your leisure packet!</i>
10 .Grandparents Day *10:45 A.M. LDS Sacrament	11 .22nd Anniversary of 9/11 .National Make Your Bed Day *10:30 A.M. .Light Stretching .Daily Chronicle Reading .Play Zingo .9/11 Coloring .Music Therapy	12 .Lassie's Birthday, 1954 .National Hug & High 5 Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Picture Perfect Memory Activity .Lassie Coloring .Music Therapy	13 .National Peanut Day .National Bald is Beautiful *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Beach Ball Exercise 'Peanuts' Matching Game .Peanut Toss 'Bald is Beautiful' Activity .Peanuts Coloring .Music Therapy	14 .National Virginia Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Honey Bee Activity (National Honey Month) .Music Therapy	15 .Rosh Hashanah Begins .International Dot Day *9:30 A.M. .Manicure Magic .Light Stretching .Daily Chronicle Reading .Dot Activity .Oktoberfest Coloring .Music Therapy *3:00 P.M. LDS Missionaries Music	16 .Oktoberfest Begins .Eat An Apple Day *2:30 P.M. Saturday Matinee <i>Enjoy your leisure packet!</i>
17 .Share Your Favorite Poem Day *10:45 A.M. LDS Sacrament	18 .Happy Birthday, US Air Force *10:30 A.M. .Light Stretching .Daily Chronicle Reading .Play Zingo .Air Force Coloring .Music Therapy	19 .Talk Like A Pirate Day .Tickle The Ivories Tuesday *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Piano Trivia .Piano Music Art .Music Therapy .Happy Birthday Daniel.	20 .Sugar Day (Sugar, Sugar, 1969) *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Pool Noodle Exercise .Sugar Categories Activity .Sugar Cube Craft + Art .Music Therapy	21 .World Alzheimer's Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Happy Cat Month Activity .Cat Art .Music Therapy	22 .Elephant Appreciation Day *9:30 A.M. .Manicure Magic .Light Stretching .Daily Chronicle Reading .Autumn Detective Activity .Elephant Coloring .Music Therapy	23 .Autumn Begins .Libra Day .National Hunting & Fishing Day *2:30 P.M. Saturday Matinee <i>Enjoy your leisure packet!</i>
24 .Yom Kippur .Bullwinkle Day, 1961 *10:45 A.M. LDS Sacrament	25 .Shel Silverstein's Birthday *10:30 A.M. .Light Stretching .Daily Chronicle Reading .Play Zingo .Shel Silverstein Reading .House Plant Coloring .Music Therapy	26 .Johnny Appleseed's Birthday .Love Note Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Johnny Appleseed Activity .Apple Craft .Music Therapy	27 .National Scarf Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Beach Ball Exercise .Fashion Detective Activity .Scarf Craft .Fashion Coloring .Music Therapy	28 .Ask a Stupid Question Day *9:30 A.M. .Light Stretching .Daily Chronicle Reading .Ask Stupid Questions Activity .Pest Control Detective .Butterfly Coloring	29 .Sukkot Begins .Harvest Moon Day *9:30 A.M. .Manicure Magic .Light Stretching .Daily Chronicle Reading .Harvest Moon Mining .Sukkot Activity .Music Therapy *3:00 P.M. LDS Missionaries Music	30 .Frisbee Day *2:30 P.M. Saturday Matinee <i>Enjoy your leisure packet!</i>