

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

New Year, Brings New Beginnings

						10:00am Daily Chronicles 1:00pm Exercise 2:00pm New Year's Activities/Goals <small>New Year's Day</small>	1	2:00pm Movie (The Fiddler on the Roof) & Popcorn	2				
Day of Rest	3	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Spa Day 3:00pm Bingo	4	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm New Year's Wishing Tree	5	10:00am Daily Chronicles 1:00pm Noodle Ball 2:00pm Make Magnets	6	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Decorative Jars	7	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Elvis Presley's Birthday 3:00pm Sugar Scrub	8	2:00pm Movie (The Sign of Venus) & Popcorn	9
Day of Rest	10	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Spa Day 3:00pm Bingo	11	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Q tip Tree Painting	12	10:00am Daily Chronicles 1:00pm Noodle Ball 2:00pm Sock Octopus	13	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Snowball Fight	14	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Make Personal Ice Cream (Strawberry Ice Cream Day)	15	2:00pm Movie (My Best Friend's Wedding) & Popcorn	16
Day of Rest	17	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Spa Day 3:00pm Martin Luther King History <small>Martin Luther King Day</small>	18	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Dolly Parton's Birthday	19	10:00am Daily Chronicles 1:00pm Noodle Ball 2:00pm Fabric Snowmen	20	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Early Compliment Day	21	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Sam Cooke's Birthday	22	2:00pm Movie (The Crown) & Popcorn	23
Day of Rest	24	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Spa Day 3:00pm Bingo <small>Activity Professionals Week</small>	25	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Fleece Blankets <small>Australia Day (observed)</small>	26	10:00am Daily Chronicles 1:00pm Noodle Ball 2:00pm Baking Class (National Chocolate Cake Day)	27	10:00am Daily Chronicles 1:00pm Exercises with Bobby 2:30pm Painting	28	10:00am Daily Chronicles 1:00pm Exercise 2:00pm Finish Fleece Blankets	29	2:00pm Movie (The Guernsey) & Popcorn	30
Day of Rest	31												