

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 AM Classic Canadian Hits 10:30 AM Talking Tidbits 11:00 AM Canada Centerpieces 1:30 PM Maple Leaf Collage 2:30 PM Cooking Corner: Poutine 3:00 PM Snack and Chat 6:00 PM O Canada with Glowing Hearts Canada Day	10:00 AM Sunrise Stretch 11:00 AM Birthday Sing Along 12:00 PM Halfway Point of 2025 1:30 PM Birthday Cake 2:00 PM Overly Music Therapy 3:00 PM Afternoon Movie 6:00 PM Elvis Playlist Happy Birthday NellDean!	10:00 AM Sit and Be Fit 11:00 AM The History of Fast Food 1:30 PM Dave's 5 Values 2:00 PM Frosty Trip 3:00 PM Afternoon Walk 6:00 PM Popcorn Party Wendy's Day	9:45 AM National Independence Day Parade! 2:00 PM Coloring Pages 6:00 PM Patriotic Sing Along Independence Day (U.S.)	10:00 AM Morning Walk 2:00 PM Cracker Jack: A Grand Slam of Flavor 6:00 PM Sabor A Mi Playlist Cracker Jack Day
10:00 AM Sunday Service 2:00 PM Works of Art: Sand Mandalas 2:30 PM 100 Dalai Lama Quotes 6:00 PM Sounds of Sunday Dalai Lama's Birthday	10:00 AM Morning Walk 11:00 AM Back Porch Chat 1:30 PM Seven Trivia 2:00 PM Lucky 7 Dice Game 3:00 PM With a Little Luck Dance Party 6:00 PM Magnificent Seven Lucky 7 Day	10:00 AM Morning Meditation 11:00 AM Patriotic Sing Along 2:00 PM Cooking Corner: Coca Cola Cake 3:00 PM Aim for The Stars Game 6:00 PM Puzzles Coca Cola Day	10:00 AM Chair Yoga 11:00 AM Silly Sing Along 1:30 PM Lifelong Learning: Jingle Bells in July 2:00 PM Olaf Craft Project 3:00 PM Catch 6:00 PM Documentary and Discussion Jingle Bells in July	10:00 AM Kid's Try: Hot Dogs 11:00 AM Armchair Travels: Frankfurt Germany 12:00 PM Hot Dog Porch Picnic 2:00 PM Hot Dogs Fun Facts 3:00 PM Ballon Bop 6:00 PM Ice Cream Social Hot Dog Day	10:00 AM Sit and Be Fit 11:00 AM Morning Chat with Pondering Prompts 1:30 PM July Mazes 2:00 PM Popsicle Porch Party 3:00 PM Afternoon Walk 6:00 PM Gameshow Night Popsicle Day	10:00 AM Word Scramble Puzzles 2:00 PM Muffin Snack and Chat 6:00 PM Porch Party Blueberry Muffin Day
10:00 AM Sunday Service 2:00 PM Ice Cream Party & Birthday Sing Along 6:00 PM Music and the Spoken Word Happy Birthday Gary!	10:00 AM Sun Salutations 11:00 AM Getting to Know You Sing Along 1:30 PM Cooking Corner: Cream Cheese Wontons 2:00 PM Thai Iced Tea Party 3:00 PM Aim for the Stars Game 6:00 PM The King and I The King and I Day	10:00 AM Chair Yoga 11:00 AM Music Meeting: Edvard Grieg 2:00 PM Worms and Dirt Snack and Chat 3:00 PM Gummy Worm Challenge 6:00 PM Sabor A Mi Playlist Gummy Worm Day	10:00 AM Sit and Be Fit 11:00 AM Hula Hoop Aim Game 1:30 PM Quick Snack 2:00 PM Overly Music Therapy 3:00 PM Birthday Cake 6:00 PM Puzzles Happy Birthday Max!	10:00 AM Morning Meditation 11:00 AM Frida Kahlo: A Colorful Life 1:30 PM Art Appreciation 2:00 PM Frida Kahlo Doll Project 3:00 PM Sticky Ball 6:00 PM Popcorn Porch Party Frida Kahlo Day	10:00 AM Sunrise Stretch 11:00 AM How It's Made: Sour Candy 1:30 PM Sour Candy Taste Test 2:00 PM Melon Art Project 6:00 PM Documentary and Discussion Sour Candy Day	10:00 AM Coffee on the Porch 2:00 PM Dance Party 6:00 PM Dancing with the Stars Dance Party Day
10:00 AM Sunday Service 2:00 PM Cake Snack and Chat 6:00 PM Heartland International Cake Day	10:00 AM Sunrise Stretch 11:00 AM Good Morning Sing Along 12:00 PM A Delicious Lunch 2:00 PM Fry Run 3:00 PM Afternoon Chat on the Porch 6:00 PM Mocktail Monday Junk Food Day	10:00 AM Morning Walk 11:00 AM Coffee on the Porch 1:30 PM Tangram Puzzles 2:00 PM The Pied Piper of Hamelin Poetry Reading 3:00 PM Afternoon Tea 6:00 PM The Pied Piper Movie Pied Piper Day	10:00 AM Morning Meditation 11:00 AM Armchair Travels: New Zealand 2:00 PM Cooking Corner: Pavlova with Kiwis 3:00 PM Māori Art Project 6:00 PM Māori Music Playlist New Zealand Day	9:00 AM Days of 47 Parade 12:00 PM BBQ Celebration 2:00 PM Happy Birthday Utah! 3:00 PM Patriotic Sing Along 6:00 PM Pioneer Candy Snack and Chat Pioneer Day	10:00 AM Sit and Be Fit 11:00 AM Silly Sing Along 2:00 PM Cookie Decorating 3:00 PM Card Making 6:00 PM Movie Night Christmas in July	10:00 AM Utah: Greatest Snow on Earth 2:00 PM Ice Cream Social 6:00 PM Studio C Hot Fudge Sundae Day
10:00 AM Sunday Service 2:00 PM Chip Taste Test 6:00 PM Conference Talks Spud Day	10:00 AM Sit and Be Fit 11:00 AM Blue Suede Shoes 12:00 PM Blue Heaven Pancakes 2:00 PM Shades of Blue Art Project 6:00 PM Blue Monday Playlist Blue Monday	10:00 AM Sunrise Stretch 11:00 AM Notable First in New Zealand 1:30 PM Kiri Te Kanawa sings "Let the Bright Seraphim" 2:00 PM Nature's Superhero 3:00 PM Aim for the Stars Game 6:00 PM Māori Music Playlist Women of New Zealand Day	10:00 AM Chair Yoga 11:00 AM Tangram Puzzles 12:00 PM Chicken and Waffles 2:00 PM Bells and Drums Sing Along 3:00 PM Afternoon Movie 6:00 PM Back Porch Mocktail Party Chicken and Waffle Day	10:00 AM Morning Walk 11:00 AM Coffee on the Porch 1:30 PM Forest Ranger to Do List 2:00 PM Park Rangers: Guardians of the Galaxy 3:00 PM Catch 6:00 PM Documentary and Discussion World Ranger Day		