

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 .Space Week <u>*After Breakfast:</u> .Daily Chronicle Reading <u>*10:45 A.M.:</u> .LDS Sacrament <u>*After Lunch:</u> .Learn About Mandalas .Mandala Coloring <u>*After Dinner:</u> .Beach Ball Exercise	2 .Mystery Series Day .Spinning & Weaving Week <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Weaving Activity <u>*After Lunch:</u> .Mystery Story + Coloring <u>*After Dinner:</u> .Pool Noodle/Balloon Volleyball	3 .Parachutes for Soldiers Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Parachute Activity .Music Therapy <u>*After Lunch:</u> .What's wrong with this picture? Activity <u>*After Dinner:</u> .Fall Coloring + Autumn Story	4 .Ten-Four' Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Walkie Talkie Activity (10/4) .Space Activity (Space Week) .Music Therapy <u>*After Lunch:</u> .Pool Noodle/Balloon Volleyball <u>*After Dinner:</u> .Space Coloring	5 .National Do Something Nice Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Finish the Scene' Fall Art .Music Therapy <u>*After Lunch:</u> .Candy Apple Coloring .Do Something Nice' Activity <u>*After Dinner:</u> .Beach Ball Exercise	6 .World Smile Day <u>*After Breakfast:</u> Manicures .Light Stretching .Daily Chronicle Reading .Smile Activity .Pool Noodle/Balloon Volleyball <u>*After Lunch:</u> .Flea Market Detective <u>*After Dinner:</u> .Many Adventures of Winnie the Pooh - Reading	7 .Memory' Day CATS (1982) <u>*After Breakfast:</u> .Daily Chronicle Reading .CATS Reading + CATS Coloring <u>*After Lunch:</u> Watch - CATS <u>*After Dinner:</u> .Pool Noodle/Balloon Volleyball		
8 .World Octopus Day <u>*After Breakfast:</u> .Daily Chronicle Reading <u>*10:45 A.M.:</u> .LDS Sacrament <u>*After Lunch:</u> .Octopus Learning + Coloring <u>*After Dinner:</u> .Pool Noodle/Balloon Volleyball	9 .Columbus Day .Sneakers Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Play Zingo <u>*After Lunch:</u> .Sneakers Coloring <u>*After Dinner:</u> .History of Columbus Day .Columbus Day Coloring	10 .That's Italian Tuesday .Perfect 10 Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Italian Dinner Detective .Italian Coloring <u>*After Lunch:</u> .Sneakers Coloring .Beach Ball Exercise <u>*After Dinner:</u> .Perfect '10' Activity	11 .National Fossil Day .National Spread Joy Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Fossil Activity + Coloring <u>*After Lunch:</u> .Spreading Joy Activity <u>*After Dinner:</u> .Music Therapy Sing Along	12 .All about Acorns Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Acorn Activity + Art <u>*After Lunch:</u> .Pool Noodle/Balloon Volleyball .Squirrel Coloring <u>*After Dinner:</u> .Acorn Game .Acorn Coloring	13 .World Egg Day .Friday the 13th <u>*After Breakfast:</u> Manicures .Light Stretching .Daily Chronicle Reading .How Do You Like Your Eggs? <u>*After Lunch:</u> .Friday the 13th Activity <u>*After Dinner:</u> .Beach Ball Exercise	14 .Scarecrow Saturday .Oh Pooh Day! <u>*After Breakfast:</u> .Daily Chronicle Reading .Scarecrow Matching <u>*After Lunch:</u> .Matinee Movie <u>*After Dinner:</u> .Winnie the Pooh Reading + Winnie the Pooh Matching Game		
15 .National Grouch Day .Grow a Beard Day <u>*After Breakfast:</u> .Daily Chronicle Reading .Beard Activity <u>*10:45 A.M.:</u> .LDS Sacrament <u>*After Lunch:</u> .Oscar the Grouch Reading + Art <u>*After Dinner:</u> .Beach Ball Exercise	16 .World Spine Day .Movie Monsters Monday Happy Birthday Lila <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Dem Bone' Dice Game <u>*After Lunch:</u> .Pool Noodle Volleyball <u>*After Dinner:</u> .Movie Monster Activity	17 .National Geographic Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Watch National Geographic .Owl Craft for 'Owl' Month <u>*After Lunch:</u> .Music Therapy Sing Along <u>*After Dinner:</u> .Beach Ball Exercise .Owl Coloring	18 .National Alaska Day .Chocolate Cupcake Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Alaska Activity <u>*After Lunch:</u> .Hand Massages <u>*After Dinner:</u> .Cupcakes + Cupcake Coloring	19 .Think Positive Thursday .Hocus Pocus Holiday <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Magic Matching Game + Art <u>*After Lunch:</u> .Watch - 'Hocus Pocus' <u>*After Dinner:</u> .Magic Category .Magic Hat Matching	20 .Monster Mash + Dracula Day Happy Birthday Patty <u>*After Breakfast:</u> Manicures .Light Stretching .Daily Chronicle Reading .Dracula Activity <u>*3:00 P.M.:</u> .LDS Missionaries Music <u>*After Dinner:</u> .Monster Mash Pool Noodle + Art	21 .Wear It Pink Day .National Apple Day <u>*After Breakfast:</u> .Daily Chronicle Reading .Breast Cancer Awareness Activity <u>*After Lunch:</u> Saturday Matinee Movie <u>*After Dinner:</u> .Beach Ball Exercise + Apple Art		
22 .National Nut Day .National Color Day <u>*After Breakfast:</u> .Daily Chronicle Reading + Color Day Activity <u>*10:45 A.M.:</u> .LDS Sacrament <u>*After Lunch:</u> .Peanut Toss + Coloring <u>*After Dinner:</u> .Hand Massages	23 .Scorpio the Scorpion Day <u>*10:30 A.M.:</u> .Light Stretching .Daily Chronicle Reading .Play Zingo + Zodiac Crossword <u>*After Lunch:</u> .Pool Noodle/Balloon Volleyball .Scorpio Coloring <u>*After Dinner:</u> .Paintless Painting	24 .National Kangaroo Awareness .Pablo Picasso's Birthday <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Picasso/Artist Activity <u>*After Lunch:</u> .Beach Ball Exercise + Can You Picture This? <u>*After Dinner:</u> . Kangaroo Awareness Reading + Coloring	25 .National I Care About You Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .BAT Activity <u>*After Lunch:</u> .I Care About You Activity .Pool Noodle/Balloon Volleyball <u>*After Dinner:</u> .Remembering Julie Andrew Music Activity	26 .National Pumpkin Day .Howl At The Moon Night <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Pumpkin Craft <u>*After Lunch:</u> .Pumpkin Matching Game .Pumpkin Coloring <u>*After Dinner:</u> .Howl at the Moon Coloring	27 .Frankenstein Friday .Not All Ghosts Are Scary <u>*After Breakfast:</u> Manicures .Light Stretching .Daily Chronicle Reading .Roll a Frankenstein Game <u>*After Lunch:</u> .Ghost Sucker Craft <u>*3:00 P.M.:</u> .LDS Missionaries Music <u>*After Dinner:</u> Casper + .Frankenstein Stories + Coloring	28 .National Chocolate Day <u>*After Breakfast:</u> .Daily Chronicle Reading .Autumn Leaves Coloring <u>*After Lunch:</u> .Saturday Matinee Movie + Chocolate Snacks <u>*After Dinner:</u> .Pool Noodle/Balloon Volleyball		
29 .Spooky Sunday .National Cat Day <u>*After Breakfast:</u> .Daily Chronicle Reading .Halloween Jokes <u>*10:45 A.M.:</u> .LDS Sacrament <u>*After Lunch:</u> .Cat Day Reading + Coloring <u>*After Dinner:</u> .Beach Ball Exercise	30 .Jack-O-Lantern Day .Candy Corn Day <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Candy Corn Game .Finish the Story Activity <u>*After Lunch:</u> Jack O Lantern Craft + Jack O Lantern History <u>*After Dinner:</u> .Halloween Puzzles	31 HAPPY HALLOWEEN <u>*After Breakfast:</u> .Light Stretching .Daily Chronicle Reading .Halloween Games <u>*After Lunch:</u> .History of Halloween Reading .Halloween Coloring <u>*Trick Or Treaters</u>	 <p style="text-align: center;">  October 2023 </p>					