



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am Coffee Cart 9:00am Bible Hymns 10:00am General Conference 11:00am Fun in The Sun (Pending Weather) 2:00pm Card games 3:00pm Happy Hour 4:00pm Favorite Songs 6:00pm Aromatherapy	8:30am Coffee Cart 9:00am Morning walks 10:00am Chair Exercises 11:00am Salon Day 11:30am Name That Tune 12:00pm Daily Chronicle 1:30pm Jenga <b>2:00pm Outing: Bowling</b> 3:30pm Pet Visits w/Brok & Ashok 4:00pm Crazy Eights 6:00pm Board Games	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Puzzles 12:00pm Daily Chronicle 1:00pm Gnome Craft 2:00pm Resident Council 3:00pm Cup Ball Toss 4:00pm Story Time 6:00pm Card Games	8:30am Coffee Cart 9:00am Morning Walk 10:00am Coffee w/A Cop Day 10:30am Chair Exercises 11:00am Visit w/Caper & Madison 12:00pm Daily Chronicle <b>1:00pm Bingo w/Sunshine Duo</b> 2:00pm Music w/Alexa 3:00pm Rhyming w/Alexa 6:00pm Movie & cookies <b>Breast Cancer Awareness Day</b> <b>Wear Pink</b>	8:30am Coffee Cart 9:00am Morning Walk 10:30am Yoga w/Janae 11:30am Painting 12:00pm Daily Chronicle 1:00pm Coloring Packets 2:00pm Poems w/Alexa 3:00pm Puzzle Time 4:00pm Hot Potato 6:00pm Room Visits	8:30am Coffee Cart 9:00am Mental Health Presentation 10:00am Games w/Jordan (Solace) 11:00 am Games w/Tiana (AHH) 12:00pm Daily Chronicle 1:00pm Galaxy Jar Craft 2:00pm Noodle Ball 3:00pm Old Maid 4:00pm Chair Exercises 6:00pm Relaxing Music & Snacks	8:30am Coffee Cart 9:00am Morning News 10:00am Music Therapy 11:00am Ball Toss 1:00pm Music and Mingle 2:00pm Word Search 3:00pm Halloween Songs 4:00pm Room Visits 6:00pm Relaxation & Snacks
8:30am Coffee Cart 9:00am Morning News 11:00am Weekend Workout 1:00pm Tile Matching Game 2:00pm LDS Services 3:00pm Table Talk 4:00pm Fall Coloring 6:00pm Snack & Favorite Songs	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Pumpkin Craft 12:00pm Daily Chronicle 1:00pm Ghost Craft 2:30pm Exercise w/Kiah 3:00pm Lap Blanket Sensory 4:00pm Track Maze Game 6:00pm Free Time & Snacks Columbus Day (US)	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Ghost Suckers 12:00pm Daily Chronicle <b>1:00pm Outing: Red Barn</b> 2:30pm Lincoln Logs 3:00pm Happy Hour & Snacks 4:00pm Magnet Counting Maze <b>6:00pm Casino Night - Lincoln Court</b>	8:30am Coffee Cart 9:00am Morning Walk 10:00am Symbii Carwash 11:00am Visits w/Caper & Madison 12:00pm Daily Chronicle <b>1:00pm Bingo w/Sunshine Duo</b> 2:30pm Exercise w/Kiah 3:00pm Sensory Box/Fidget Toys 4:00pm Puzzle Time 6:00pm Relax & Unwind Bedtime Stories	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Pumpkin Painting 12:00pm Daily Chronicle 1:00pm Spooky Stories 2:00pm Find the Color 3:00pm Pattern Blocks 4:00pm Card Games 6:00pm Apple Cider & Snacks	8:30am Coffee Cart 9:00am Morning Walk 10:00am Games w/Jordan (Solace) 11:00am Games w/Tiana (AHH) 12:00pm Daily Chronicle 1:00pm Halloween Sensory Bags 2:00pm Matching Game 3:00pm Go Fish! 4:00pm Bead sorting 6:00pm Nature Sounds Meditation	8:30am Coffee Cart 9:00am Sounds of Fall 10:00am Favorite Past Time 11:00am Noodle Ball 1:00pm Sing Alon 2:00pm Patio Time (Weather permits) 3:00pm Tea & Toast 4:00pm Card Games 6:00pm Aromatherapy
8:30am Coffee Cart 9:00am Light Stretches' 10:00am Rock Painting 11:00am Card Games 1:00pm Sunday Hymns 2:00pm LDS services 3:00pm Happy Hour 4:00pm Sensory Fun 6:00pm Aromatherapy	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises <b>10:30am Outing: Leaf Gathering</b> 12:00pm Daily Chronicle 1:00pm Bean Bag Toss 2:30pm Exercise w/Kiah 3:00pm Snacks w/Friends 4:00pm Reminisce the Past 6:00pm Relax & Unwind <b>Spirit Week: Fall Colors Day</b>	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 12:00pm Daily Chronicle 1:00pm Leaf Craft 2:00pm Craft w/Janae 3:00pm Bead Sorting 4:00pm Favorite Past Time 6:00pm Room Visits <b>Spirit Week: Crazy Hair Day</b>	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercise 11:00am Visits w/Caper & Madison 12:00pm Daily Chronicle 1:00pm How Many Candy Corn? 2:00pm Exercise w/Kiah <b>3:00pm Old Time Fiddlers</b> 4:00pm Favorite Past Time <b>Spirit Week: Flannel Day</b>	8:30am Coffee Cart 9:00am Morning Walks 10:00am Chair Exercises 11:00am Mix & Match Card Games 12:00pm Daily Chronicle 1:00pm Sensory Foam Bags 2:00pm Lincoln Logs 3:00pm Tabletop Games 4:00pm Rocking with the 80's 6:00pm Star Gazing & Hot Cocoa <b>Spirit Week: 80's Day</b>	8:30am Coffee Cart 9:00am Morning Walk 10:00am Games w/Jordan (Solace) 11:00 Games w/Tiana (AHH) 12:00pm Daily Chronicle 1:00pm Fall Tree Painting w/ Cotton Balls 3:30pm Pet Visits w/Brok & Ashok 4:00pm Black Cat Coloring Page 6:00pm Hand Massages <b>Spirit Week: Silly Sock Day</b>	8:30am Coffee Cart 9:00am Morning News 10:00am Poetry (Alexa) 11:00am Color by Number 1:00pm I Spy Game 2:00pm Weekend Workout 3:00pm Kickball 4:00pm Room Visits 6:00pm Tabletop Games
8:30am Coffee Cart 9:00am World News 10:00am Word Games 11:00am Walking Group 2:00pm LDS Services 1:00pm Balloon Volleyball 3:00pm H2O & Table Talk 4:00pm Silly Songs 6:00pm Snacks and Relaxing Music	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Hand Massage & Meditation 12:00pm Daily Chronicle 1:00pm Goofy Candy Corn Faces 2:30pm Exercise w/Kiah 3:00pm Tile Matching Game 4:00pm Soothing Songs 6:00pm Star Gazing	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Yoga 11:00am Hydrate (Flavored Sodas) 12:00pm Daily Chronicle 1:00pm Spot It Card Game 2:30pm Cookie Baking 3:30pm Sensory w/Galaxy Jars 4:00pm Oldies but Goodies (Music) 6:00pm Relaxation Time	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Visits w/Caper & Madison 12:00pm Daily Chronicle 1:00pm Chili Cook Off <b>2:00pm Rascals Concert</b> 3:00pm Exercise w/Kiah 4:00pm Sensory Game 6:00pm Aromatherapy	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 12:00pm Monster Mash 1:00pm Daily Chronicle 2:00pm Snacks w/Friends 3:00pm Card Games 4:00pm Story Time 6:00pm One on One Resident Visits	8:30am Coffee Cart 9:00am Morning walk 10:00am Games w/Jordan (Solace) <b>10:30am Trixie Visit w/Intermountain Therapy Animals</b> 11:00am Games w/Tiana (AHH) 12:00pm Daily Chronicle 1:30pm Halloween Movie/Hot Cocoa <b>3:30pm The Adventures of Izzy &amp; Pixie</b> 4:00pm Sensory Activity 6:00pm Relaxation Time	8:30am Coffee Cart 9:00am Current Events 10:00am Shootin the Breeze & Snacks 11:00am Creative Coloring 1:00pm Guided Meditation 2:00pm Ice Cream Social 3:00pm Tabletop Games 4:00pm Silly Jokes (Alexa) 6:00pm Aromatherapy
8:30 Coffee Cart 9:00am Morning Visits 10:00am Noodle Ball 11:00am Bean Bag Toss 1:00pm Gospel Music 2:00pm LDS Services 3:00pm Activity Packets 4:00pm Card Games 6:00pm Hot Cocoa and Stories	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair exercises 11:00am Salon Day 12:00pm Daily Chronicle 1:00pm Hydrate (Flavored Waters) 2:30pm Exercise w/Kiah 3:00pm Tile Match Game <b>6:30pm Trick or Treating!</b>	8:30am Coffee Cart 9:00am Morning Walk 10:00am Chair Exercises 11:00am Alphabet Game 12:00pm Daily Chronicle 1:00pm Hand Messages 2:00pm Pattern Blocks 3:00pm Hydrate and Snacks 4:00pm Sliding Puzzles 6:00pm Snacks and Chat Halloween	 <p style="text-align: center;">   <b>OCTOBER 2023</b> </p>			